

Luncheon

Noon to 1:30 pm

Salad Bar

(Daily Salad will be included on the Buffet)

Salad Selection

Monday: Green Bean
Tuesday: Grapefruit & Orange
Wednesday: Butter Lettuce w/ Crab Meat
Thursday: Mixed Green Lettuce, Orange Chicken Breast
Friday: Spring Mix & Papaya
Saturday: Waldorf
Sunday: Spring Mix & Raspberries



Monday: Beef Barley
Tuesday: Mulligatawny
Wednesday: Cream of Chicken
Thursday: Boston Clam Chowder
Friday: French Onion
Saturday: White Bean
Sunday: Roasted Squash



Sandwich Selection

(Served daily with your choice of bread: Rye, Wheat or White)

Turkey, BLT or Lavosh Wrap w/ Lettuce, Tomatoes, Avocado & Grilled Chicken



Chef's Lunch Special

Monday: Grilled Barbequed Chicken Breast on a Bun, French Fries
Tuesday: Baked Halibut, Tartar Sauce, Mixed Vegetables & Steamed Rice
Wednesday: Spaghetti Marinara, Garlic Bread
Thursday: Baked Salmon, Tartar Sauce, Sautéed Carrots & Fingerling Potatoes
Friday: Roasted Stuffed Chicken Leg w/ Apples & Almonds, au Jus, Grilled Bell Peppers
Saturday: Croque Monsieur on French Bread, Fresh Fruit
Sunday: Belgium Waffle w/ Chicken Sausages



Daily Desserts

Chef's Choice Ask Your Server

Ice Creams: Vanilla, Strawberry, Chocolate or Coffee

Sugar Free Vanilla, Chocolate and Strawberry

Sorbets: Mango, Raspberry

Cookies: Chocolate Chip, Chocolate Chunk, Oatmeal Raisin or Macadamia

Sterling Court Weekly Menu



Lunch Menu Sample
