

Kaye O'Halloran: Bay Area Born and Raised

You know a party went well when seven of the couples that met at it get married shortly afterward. Kaye O'Halloran just happened to be one of those brides.

But let's back up for a moment, to a time before the infamous cocktail party.

Kaye was born in the Mission District of San Francisco, to parents who were also City-born and -raised. She attended St. Charles Borromeo Grammar School and Star of the Sea Academy High School. As a teenager during WWII, Kay dutifully played City host to the many young GIs who descended upon the City.

"We had a lot of fun," Kaye says, "but my group of girlfriends and I knew we didn't want to marry someone from far away. We liked where we grew up and wanted to raise our families here."

After the war, Kaye had a variety of professions, including working as a travel agent for Greyhound Sightseeing Tours in the City. As time went on, she and her close girlfriends decided they were ready to settle down and meet some nice boys, and so the cocktail party was planned.

"We got completely dolled up," Kaye says. "We were serious about meeting someone." That was also the case for Kaye's best friend, Lorraine, whom Kaye befriended in kindergarten and stayed close with throughout their lives. Lucky for Kaye and Lorraine, love was definitely in the air the night of the party, and they each met their future husband that night.

"We all met and hit it off, and before you knew it, weddings were being planned," Kaye laughs.

When asked if the weddings were modest affairs, given that there were so many to attend in their group of friends, Kaye replies, "No, not at all! We all went all out. Huge formal weddings, with china, furs, all of it."

After the weddings, Kaye and her group of newly married friends stayed connected, raising their families together, with Lorraine and Kaye



Kaye O'Halloran

both relocating from the City to San Mateo. Once married, Kaye and her husband, Joseph, went on to adopt three children: Michael, Nancy, and Sheila. Raising a growing family kept Kaye on her toes, as did her work as a real estate agent. As their children grew, 5 grandchildren arrived, and now Kaye even has a great-grandbaby who lives just down the road, named Ace.

"His toys are all over here," she smiles, pointing to a stuffed toy tucked at the top of the sofa. "I love having him nearby."

When asked how she arrived at Sterling Court, Kaye gives a glowing review.

"I researched Sterling Court years ago when I was selling real estate and needed a place to recommend to my clientele that were selling their long-time homes," she says. "I always felt good about Sterling Court and I've watched it really develop into its own community over the years."

When the time came for Kaye's dear friend and fellow cocktail party attendee, Lorraine, to move to more convenient accommodations, Sterling Court was selected, and when Kaye followed suit this past March, Sterling Court was the natural choice.



Summer of Love / 27th Anniversary Party



Sausalito Trip



Mark Your Fall Calendar

We encourage all residents, their families, and friends to join us for any of our upcoming events:

- Friday, Oct. 6 Flu Shots, 11:00 a.m.
- Sunday, Oct. 8 Oktoberfest Dinner, 5:00 p.m.
- Sunday, Oct. 15 Pancake Bingo, 11:30 a.m.
- Tuesday, Oct. 31 Children's Halloween Parade, 9:30 a.m.
- Tuesday, Oct. 31 Residents' Costume Parade, 4:00 p.m.

Sterling Court is now on...



Facebook
@SterlingCourt



Instagram
@Sterling_Court

Be sure to follow us and tell a friend!

You've Got Mail!



At 92, my Mom's hearing was declining and it was very difficult for her to have a telephone conversation with any of her 4 children or 6 grandchildren scattered across the country. Luckily, technology offers many alternatives, and learning to use email for the first time was a saving grace in keeping those lines of communication open and flowing. She learned to type at a young age, having been a secretary after high school, so she had a leg up when it came to learning to email. With computer and keyboard in hand, I traveled across the country, set up her very first computer, gave her a few lessons, and documented every step to leave behind as an instruction manual. I also set up a free program where I could remotely log into her computer screen if she got stuck and needed help after I went home.

This is just one of many stories we hear about seniors learning technology for the first time later in life. What can seem daunting and downright frightening at first can turn into a new routine with amazing results. Looking forward to seeing new emails in your computer inbox can be energizing and purposeful – something to look forward to each day. Composing emails – just short sentences or many long paragraphs – gives a new meaning to the word “conversation.” You may find that you are even more in touch with family members than you have been by phone just because of the convenience of emailing at any time of the day. While you wouldn't dream of calling your daughter at 4:00 in the morning, you might wake up and not be able to get back to sleep. It could be the perfect time to compose an email to her and she will be so delighted to read it when she wakes up.

With so many people on email, this may also be a great opportunity for you to look up some old friends from high school, college, the military, or workplace and reconnect



with them. Won't they be surprised when they see your name in their inbox! Here at Sterling Court, an internet connection is available in each apartment (carrier fees apply) but even more exciting, we are just weeks away from providing Wi-Fi (wireless service, pronounced as if rhyming the words Why and Fy) throughout the entire complex. This means that if you are using email wirelessly on your smartphone or on a laptop computer, you could compose the email while sitting outside in our beautiful courtyard, the library, or the lobby. You would not have to be in your apartment, although you will be able to use Wi-Fi in your apartment as well. We will announce more details about Wi-Fi very soon.

Many of you are already successfully using email to stay in touch with family and friends. If you would like to improve your skills, or learn how to set up an email account for the first time, we offer computer classes every Saturday from 10:00 a.m. to 1:00 p.m. and can help you get started or answer your questions. Technology need not be overwhelming. If you embrace the idea, you may find a whole new way to “talk” to people all over the country and, for that matter, all over the world!



Activity Rooms

- BR—Bristol Room
- DR—Dining Room
- LB—Library
- LR—Living Room
- MV—Mt. Vernon Room
- PDR—Private Dining Room
- RR—Revere Room

- BRC—Burl. Rec. Ctr.
- SMSC—San Mateo Senior Center

The Weekly


Check *The Weekly* for current updates or changes in schedule.

The Daily

Check our main board for daily activities, which is opposite to the Front Desk.

Scheduled

Appointments
Transportation Provided
Monday—Thursday

Sunday	Monday	Tuesday
1	2	3
10:15 Church - Catholic/Protestant 11:00 Fitnessize - RR 1:30 Kings in the Corner - BR 3:00 Tea Service - RR 6:30 Blackjack - BR 7:00 Evening Movie - RR	9:30 Shopping 10:00 Color Expressions - MV 10:00 Low Vision Group - BR 11:00 Shape Up w/Sofia - RR 1:00 Bridge/Rummikub - BR 1:45 Bingo - DR 3:00 Burlingame Library 7:00 Evening Movie - RR	10:00 Farmer John's Pumpkin Patch - Half Moon Bay 10:00 Science of Flight - RR 11:00 Fitnessize - RR 3:00 American Mind - RR 4:00 Social Hour w/George M. - LR 7:00 Bridge - BR 7:00 Evening Movie - RR
8	9	10
10:15 Church - Catholic/Protestant 11:00 Fitnessize - RR 1:30 Kings in the Corner - BR 1:45 Sunday @ Sterling w/Adam - RR 3:00 Tea Service - RR 5:00 Oktoberfest Dinner - DR 6:30 Blackjack - BR 7:00 Evening Movie - RR	9:30 Shopping 10:00 Color Expressions - MV 11:00 Shape Up w/Sofia - RR 11:00 Shopping - Dollar Tree, San Bruno 1:00 Bridge/Rummikub - BR 1:45 Bingo - DR 3:00 Burlingame Library 7:00 Evening Movie - RR	10:00 Japanese Tea Garden, Golden Gate Park, SF 10:00 Science of Flight - RR 11:00 Fitnessize - RR 3:00 Outsmart Yourself - RR 4:00 Social Hour w/Steven S. - LR 7:00 Bridge - BR 7:00 Evening Movie - RR
15	16	17
10:15 Church - Catholic/Protestant 11:00 Fitnessize - RR 11:30 Pancake Bingo - DR 3:00 Tea Service - RR 6:30 Blackjack - BR 7:00 Evening Movie - RR	9:30 Shopping 10:00 Color Expressions - MV 11:00 Shape Up w/Sofia - RR 1:00 Bridge/Rummikub - BR 1:45 Bingo - DR 3:00 Burlingame Library 7:00 Evening Movie - RR	9:45 Podiatrist 10:00 Science of Flight - RR 11:00 Fitnessize - RR 1:15 Shopping - TJ's/Rite Aid/Joann's 3:00 American Mind - RR 4:00 Social Hour - Eddie W. - LR 7:00 Bridge - BR 7:00 Evening Movie - RR
22	23	24
10:15 Church - Catholic/Protestant 11:00 Fitnessize - RR 1:30 Kings in the Corner - BR 1:45 Sunday @ Sterling w/Adam - RR 3:00 Tea Service - RR 6:30 Blackjack - BR 7:00 Evening Movie - RR	9:30 Shopping 11:00 Shape Up w/Sofia - RR 11:30 Shopping - Tanforan Mall, San Bruno 1:00 Bridge/Rummikub - BR 1:45 Bingo - DR 3:00 Burlingame Library 7:00 Evening Movie - RR	10:00 Science of Flight - RR 10:00 Lunch at Cliff House, San Francisco 11:00 Fitnessize - RR 3:00 Outsmart Yourself- RR 4:00 Social Hour w/Peter M. - LR 7:00 Bridge - BR 7:00 Evening Movie - RR
29	30	31
10:15 Church - Catholic/Protestant 11:00 Fitnessize - RR 1:30 Kings in the Corner - BR 3:00 Tea Service - RR 3:00 Eddie W. on Saxophone - LR 6:30 Blackjack - BR 7:00 Evening Movie - RR	9:30 Shopping 10:00 Color Expression - MV 11:00 Shape Up w/Sofia - RR 1:00 Bridge/Rummikub - BR 1:45 Bingo - DR 3:00 Burlingame Library 7:00 Evening Movie - RR	 Halloween 9:30 Halloween Program - Creative Learning School - LR 10:00 Science of Flight - RR 11:00 Fitnessize - RR 3:00 American Mind - RR 4:00 Social Hour w/Joan C. - LR 4:00 Residents' Costume Parade - LR 7:00 Bridge - BR 7:00 Evening Movie - RR

ing Court Calendar of Events

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">4</p> <p>9:30 Shopping 11:00 Yoga w/April - RR 11:00 Floristry Demo - MV 11:30 Hillsdale Shopping, San Mateo 1:15 Bible Study w/Rev. Sue Ann - RR 1:30 Games - BR 2:30 Library Book Review - RR 4:00 Nintendo Wii - RR 7:00 Evening Movie - RR</p>	<p style="text-align: right;">5</p> <p>9:30 Coffee Klatch - MV 10:30 Mind Jog/Exercise Asian - RR 1:00 Art w/Kay - MV 1:00 Bridge - BR 2:45 The Arts w/Adam D. - RR 6:30 Blackjack - BR 7:00 Evening Movie - RR</p>	<p style="text-align: right;">6</p> <p>9:30 Shopping 9:30 Sterling Crafters - BR 11:00 Flu Shots - DR 11:00 Fitnessize - RR 11:00 Sterling Walkers 1:30 History w/Michael - RR 3:00 Communion - RR 3:00 Shabbat - BR 4:00 Social Hour w/Csardas - LR 7:00 Movie - RR</p>	<p style="text-align: right;">7</p> <p>10:00 Computer Classes w/Juan - BR 11:00 Fitnessize - RR 1:00 Bridge/Rummikub - BR 2:00 Movie & Popcorn - RR 7:00 Dominoes/Scrabble - BR 7:00 Evening Movie - RR</p>
<p style="text-align: right;">11</p> <p>9:30 Shopping 11:00 Yoga w/April - RR 11:00 Floristry Demo - MV 1:30 Games - BR 2:45 Current Events w/Eric G. - RR 4:00 Nintendo Wii - RR 7:00 Music Video - RR</p>	<p style="text-align: right;">12</p> <p>9:30 Coffee Klatch - MV 10:30 Mind Jog/Exercise Asian - RR 1:00 Art w/Kay - MV 1:00 Bridge - BR 2:45 The Arts w/Adam D. - RR 4:00 Iris Lai on Piano - LR 6:00 Concert in the Courtyard 6:30 Blackjack - BR</p>	<p style="text-align: right;">13</p> <p>9:30 Shopping 9:30 Sterling Crafters - BR 11:00 Fitnessize - RR 11:00 Sterling Walkers 1:30 History w/Michael - RR 3:00 Mass/Communion w/Father - RR 3:00 Shabbat - BR 4:00 Social Hour w/Eric V.J. - LR 7:00 Movie</p>	<p style="text-align: right;">14</p> <p>10:00 Computer Classes w/Juan - BR 11:00 Fitnessize - RR 1:00 Bridge/Rummikub - BR 2:00 Movie & Popcorn - RR 7:00 Dominoes/Scrabble - BR 7:00 Evening Movie - RR</p>
<p style="text-align: right;">18</p> <p>9:30 Shopping 10:30 Chat w/Chef Denis - RR 11:00 Yoga w/April - RR 11:00 Floristry Demo - MV 11:30 Bridgepointe Shopping, San Mateo 1:00 Birthday Party w/Jim M. - LR 2:00 Games - BR 4:00 Nintendo Wii - RR 7:00 Evening Movie - RR</p>	<p style="text-align: right;">19</p> <p>9:30 Coffee Klatch - MV 10:30 Mind Jog/Exercise Asian - RR 1:00 Art w/Kay - MV 1:00 Bridge - BR 6:30 Blackjack - BR 7:00 Evening Movie - RR</p>	<p style="text-align: right;">20</p> <p>9:30 Shopping 9:30 Sterling Crafters - BR 11:00 Sterling Walkers 11:00 Fitnessize - RR 1:30 History w/Michael - RR 3:00 Communion - RR 3:00 Shabbat - BR 4:00 Social Hour w/Michael R. - LR 7:00 Movie - RR</p>	<p style="text-align: right;">21</p> <p>10:00 Computer Classes w/Juan - BR 11:00 Fitnessize - RR 1:00 Bridge/Rummikub - BR 2:00 Movie & Popcorn - RR 7:00 Dominoes/Scrabble - BR 7:00 Evening Movie - RR</p>
<p style="text-align: right;">25</p> <p>9:30 Shopping 11:00 Yoga w/April - RR 11:00 Floristry Demo - MV 1:30 Red Hatters Meeting - BR 3:00 Need To Know Series II - RR 4:00 Nintendo Wii - RR 7:00 Evening Movie - RR</p>	<p style="text-align: right;">26</p> <p>9:30 Coffee Klatch - MV 10:30 Mind Jog/Exercise Asian - RR 1:00 Bridge - BR 1:00 Art w/Kay - MV 2:45 The Arts w/Adam - RR 6:30 Blackjack - BR 7:00 Evening Movie - RR</p>	<p style="text-align: right;">27</p> <p>9:30 Shopping 9:30 Sterling Crafters - BR 11:00 Sterling Walkers 11:00 Fitnessize - RR 1:30 History w/Michael - RR 3:00 Communion - RR 3:00 Shabbat - BR 4:00 Social Hour w/James C. - LR 7:00 Evening Movie - RR</p>	<p style="text-align: right;">28</p> <p>10:00 Computer Classes w/Juan - BR 11:00 Fitnessize - RR 1:00 Bridge/Rummikub - BR 2:00 Movie & Popcorn - RR 7:00 Dominoes/Scrabble - BR 7:00 Evening Movie - RR</p>

Classes & Lectures

A Conversation in the Arts with Adam Donovan

Thursdays at 2:45 p.m. in the Revere Room.

- Oct. 5 *Metropolitan Museum Gala: Fashion & Art Collide, Part I*
- Oct. 12 *Metropolitan Museum Gala: Fashion & Art Collide, Part II*
- Oct. 26 *400 Years of Royal Robes from Queen Elizabeth I to the Present*

Art with Kay

Join Kay Carlson's art class on Thursdays at 1:00 p.m. in the Mt. Vernon Room.

Bible Study

Wednesday, October 4, at 1:15 p.m. led by Rev. Sue Ann Yarborough in the Mt. Vernon Room. All are welcome.

Color Expressions* with Lisa Evens

Classes are every Monday at 10:00 a.m. in the Mt. Vernon Room. Beginners are welcome!

Computer Lab Tutorial with Juan Gomez

Classes are every Saturday from 10:00 a.m. – 1:00 p.m. in the Bristol Room. Sign up at the Front Desk for a session.

Current Events with Eric Gattmann

Keep up with world events on Wednesday, October 11, at 2:45 p.m. in the Revere Room.

Floristry Demonstration

Marlene Andrade creates a variety of arrangements and explains her use of materials. Drop-in Wednesdays at 11:00 a.m. in the Mt. Vernon Room.

History with Michael Svanevik

Michael provides engaging Friday lecture presentations at 1:30 p.m. in the Revere Room.

- Oct. 6 *Mickey: The Mouse that Soared*
- Oct. 13 *Eating, Not Dining and a Clown Too: Ray Kroc's Saga*
- Oct. 20 *Richard Warren Sears: Rural America's Macy's*
- Oct. 27 *Buicks, Big Bucks and a Horse Named Biscuit*

Library Book Reviews

The first Wednesday of the month, October 4, Jan and Cynthia from the Burlingame Library review books for us. You can also check books out and keep them until next month. Meet at 2:30 p.m. in the Revere Room.

Sundays at Sterling

Adam Donovan teaches this class on Sundays at 1:45 p.m. in the Revere Room

- Oct. 8 *Oscar Hammerstein II: Titan of American Musical Theater*
- Oct. 22 *The Brothers Warner: The Invention of Hollywood*

Dick McKee is the host of the following three series. We meet Tuesdays in the Revere Room at 10:00 a.m. and 3:00 p.m.

New Course is **Science of Flight**. This lecture course began with early flight by gliders and balloons, and continues all the way to space flight. Each lecture begins with a brief talk by Smithsonian experts, and continues with an illustrated lecture by Professor James W. Gregory who teaches mechanical and aerospace engineering at Ohio State. The material is suitable for anyone with tech, engineering or aviation background, or someone with an inquiring mind about such material.

- Oct. 3 *Jet Aircraft: Thrust to Fly Fast*
- Oct. 10 *Aircraft Structures & Materials*
- Oct. 17 *Aircraft Stability & Flight Control*
- Oct. 24 *Flying Faster & Higher*
- Oct. 31 *Breaking the Sound Barrier & Beyond*

New course begins on October 10. The course is **Outsmart Yourself: Brain-Based Strategies to a Better You**. This lecture course will be taught by Peter M. Vishton, a psychology professor at the College of William & Mary, Williamsburg, Virginia. The course will include many suggestions useful for Sterling Court.

- Oct. 10 *Take Control of Your Automatic Brain*
- Oct. 24 *Best Procrastination by Doing Nothing*

The Great Tours

This course visits European cities that still (in part) look medieval, and is taught by Professor Kenneth R. Bartlett of the University of Toronto.

- Oct. 3 *Populists, Progressives & War*
- Oct. 17 *Decade of the Disenchanted*
- Oct. 31 *The Social Science Revolution*

Please sign up for all events in the Activity Book located at the Front Desk

Fitness & Exercise

Mind Jog & Exercise to Asian Music* with Debbie Au

Every Thursday at 10:30 a.m. Mind Jogging and Asian Exercising in the Revere Room. Exercise your brain and body while exercising for better balance and flexibility.

Nintendo Wii Computer Sports

Beginners: First-time players and anyone needing assistance to play. Meets Wednesdays at 4:00 p.m. in the Revere Room.

Senior Fitness Video

Join us Tuesdays, Fridays, Saturdays, and Sundays at 11:00 a.m. in the Revere Room.

Sterling Walkers

Walk Fridays at 11:00 a.m.; we take you to Coyote Point Park, Anza Lagoon, Ryder Park, San Mateo Central Park, and Leo Ryan Park, weather permitting.

Shape Up with Sofia

Sofia De La Vega teaches this class. The class meets at 11:00 a.m. Mondays in the Revere Room and is for all fitness levels. You will boost your energy and sleep better while improving your strength, stamina, balance, and posture.

New Yoga Teacher

April Cogne has been a Yoga instructor for the last 26 years. She works with seniors in Pacifica at her studio. Her class meets Wednesdays at 11:00 a.m. in the Revere Room. All seniors can participate.

**San Mateo Adult School*

Wellness Support

Manicurist/Pedicurist

Cindy Gonzales will not be here on Saturdays in October. Call for weekday appointments at 650-834-2878.

Podiatrist Visits

Dr. Passeri will be here on Tuesday, October 17, at 9:45 a.m. If you need to see the doctor before this date, please call Dr. Passeri's office at (650) 342-5733.

Beauty Shop

Nina Delgadillo is here on Wednesdays and Saturdays from 9:00 a.m. to 4:00 p.m. Call her at (650) 863-0413 for an appointment. She can do the latest styles as well as an old-fashioned style.

Clubs & Social Groups

Coffee Klatch

On Thursdays at 9:30 a.m. meet and greet your neighbors in our Mt. Vernon Room and have coffee, a sweet roll, or donut. Enjoy the delicious treats and a wonderful cup of coffee. It is a great way to get to know other residents and enjoy their fellowship.

Sterling Crafters

We meet every Friday at 9:30 a.m. in the Bristol Room. If you knit, crochet, or do any handcraft, this social group is for you.

Sterling Red Hatters

The Sterling Red Hatters meet Wednesday, October 25, at 1:30 p.m. in the Mount Vernon Room. If you enjoy having fun, this group is for you.

Bus Trips

Tuesday, October 3

We will leave at 10:00 a.m. for our annual trip to Farmer John's Pumpkin Patch. After you pick out your favorite pumpkin we will have lunch at the Half Moon Bay Brewery.

Tuesday, October 10

The next trip is to the Japanese Tea Garden in Golden Gate Park, San Francisco. We will leave at 10:00 a.m. Arrive for tour and have lunch in the Tea House.

Tuesday, October 24

Join us for a delicious lunch at the Cliff House in San Francisco. Their popovers are delicious, the view is great, and on a clear day you can see the Farallon Islands. We will leave at 10:00 a.m.

Program Highlights

Sunday, October 15

Today is our delicious Pancake Bingo at 11:30 a.m. in the Dining Room. After breakfast enjoy a lively game of Bingo. The cost for bingo is \$2.00 and includes a delicious breakfast. Guest's breakfast is \$10.00.

Tuesday, October 31

Join us in the Living Room at 9:30 a.m. where we will be entertained by the children from the Creative Learning School. At 4:00 p.m. we will have our own residents' Halloween Costume Parade. Prizes will be awarded for the best costumes.

Please sign up for all events in the Activity Book located at the Front Desk



Musical Notes

Join us for Social Hour at 4:00 p.m. on Tuesdays and Fridays in the Living Room. Enjoy a live musical performance and delicious hors d'oeuvres.

Tuesday, October 3

George Moore—Guitar

Friday, October 6

Csardas (Tibor—Violin/Yelena—Piano)

Tuesday, October 10

Steven Schwartz—Piano

Thursday, October 12

Iris Lai—Piano (4:00 p.m.)

Friday, October 13

Eric Van James—Piano

Tuesday, October 17

Eddie Williams—Saxophone

Wednesday, October 18

Jim Murdoch—Accordion (1:00 p.m.)

Friday, October 20

Michael Rabbino—Piano

Tuesday, October 24

Peter Master—Piano

Friday, October 27

James Campbell—Piano

Sunday, October 29

Eddie Williams—Sax (3:00 p.m.)

Tuesday, October 31

Joan Connolly—Piano

October Birthdays

All residents are invited to come downstairs for a special Birthday tribute to the residents listed below on Wednesday, October 18, at 1:00 p.m. Jim Murdoch will provide entertainment. If that is not enough to tempt you, there will be lots of cake and ice cream and the best company in town.

- October 2 Joyce Jones
- October 5 Dick McKee
- October 8 Jack Hitchcock
- October 18 Hermine Bauer
- October 20 Geraldine Johnson
- October 20 Ken Plotkin
- October 22 Pat Stratigos
- October 23 Eleanor Ross
- October 24 Marilyn Masterson
- October 30 Selma Beauchamp

Anniversary

Lois and Philip Everett celebrate their 62nd Anniversary on Oct. 22.

Welcome

Please give a warm welcome and introduce yourself to our new resident.

- #145 Orrilla Blanpied
- #218 Sally Solari
- #233 Emi Aceituno
- #227 Francis Lyons
- #327 Philomena Boone

Halloween

What do you know about the origins of Halloween? Did you know that Halloween is derived from two words: "Hallowed Eve"? "Hallowed" means "holy" and did you know the Holy Eve of October 31 was originally for Christians, the sacred evening before All Saints Day? All



Saints Day is still observed as a day of remembrance and giving of thanks for all the saints who have died. In some cultures, family members of the deceased go to the graves of their departed loved ones and enjoy a family picnic there.

Did you know that the ancient Celts carved out large turnips and put lighted candles inside to drive away evil fairies? When Irish immigrants came to America by the millions to escape the potato famine, they changed the carving of turnips to pumpkins.

Our tradition of trick-or-treating is a rather recent one, but centuries ago on the eve of All Saints Day, poor

people went door to door asking for handouts of food, and their requests were granted in hopes a good deed would ward off evil spirits and the ghosts of those in the past.

Did you also know that Americans spend more money on Halloween than on any other holiday except Christmas?