

## Keeping it Real and Creative with Nona Senasac

“I take life as it comes,” says Nona Senasac. A persistently creative individual, Nona has spent her life immersed in art. When asked about her artistic style, Nona says she has never stuck to just one approach, but “Realist” is perhaps a good descriptor for her work. It’s an apt term for Nona, whose down-to-earth and pragmatic demeanor is immediately apparent.

Nona’s artistic endeavors began early on, growing up as a 4<sup>th</sup>-generation San Franciscan in the not-so-sunny Sunset District. She lived with her mother and father, her two older sisters, and her Grandma D. Her oldest sister was 10 years older than her while the other was only two years older. “We were raised like twins,” she says.

Nona describes her childhood as pleasant and overall typical. She spent her days playing outside, walking to the beach, and drawing with chalk on the sidewalks. “You’d draw something and then the rain would wash it away, and that’s how it is.” Grandma D taught Nona how to crochet, a craft Nona still practices to this day.

She attended school at St. Monica on 24<sup>th</sup> and Geary in the Richmond District. Her father worked as a restaurant equipment salesman. The family spent their summers visiting Nona’s other grandmother, Grandma Edie, along the banks of the Russian River in Guerneville Park, a small community in Sonoma County.

When she was 11, Nona’s family moved to Hillsborough. Nona explains that it was her father’s dream to live there, and the Peninsula’s idyllic sunny weather was the primary reason. Nona attended Mercy High School in Burlingame, graduating in 1955.

Once she finished high school, Nona headed to the verdant hills of Belmont, studying art at the College of Notre Dame. A high school boyfriend



*Nona Senasac*

said he wouldn’t marry anyone who didn’t have a job. “With art, I could find work,” she explains. And it was a perfect match! Her art classes were her favorites, and after graduating in 1959, she became an art teacher for a number of years.

In 1961, Nona married Dolph Senasac. They first met in high school through a church-run teen club. All of the Catholic churches in the area hosted their own weekly series of social nights for teenagers, Nona explains. “There would be food and drink for about the first half hour, and then the dancing would begin.” Because Nona and Dolph attended the same church, they also met every Tuesday at the same teen club.

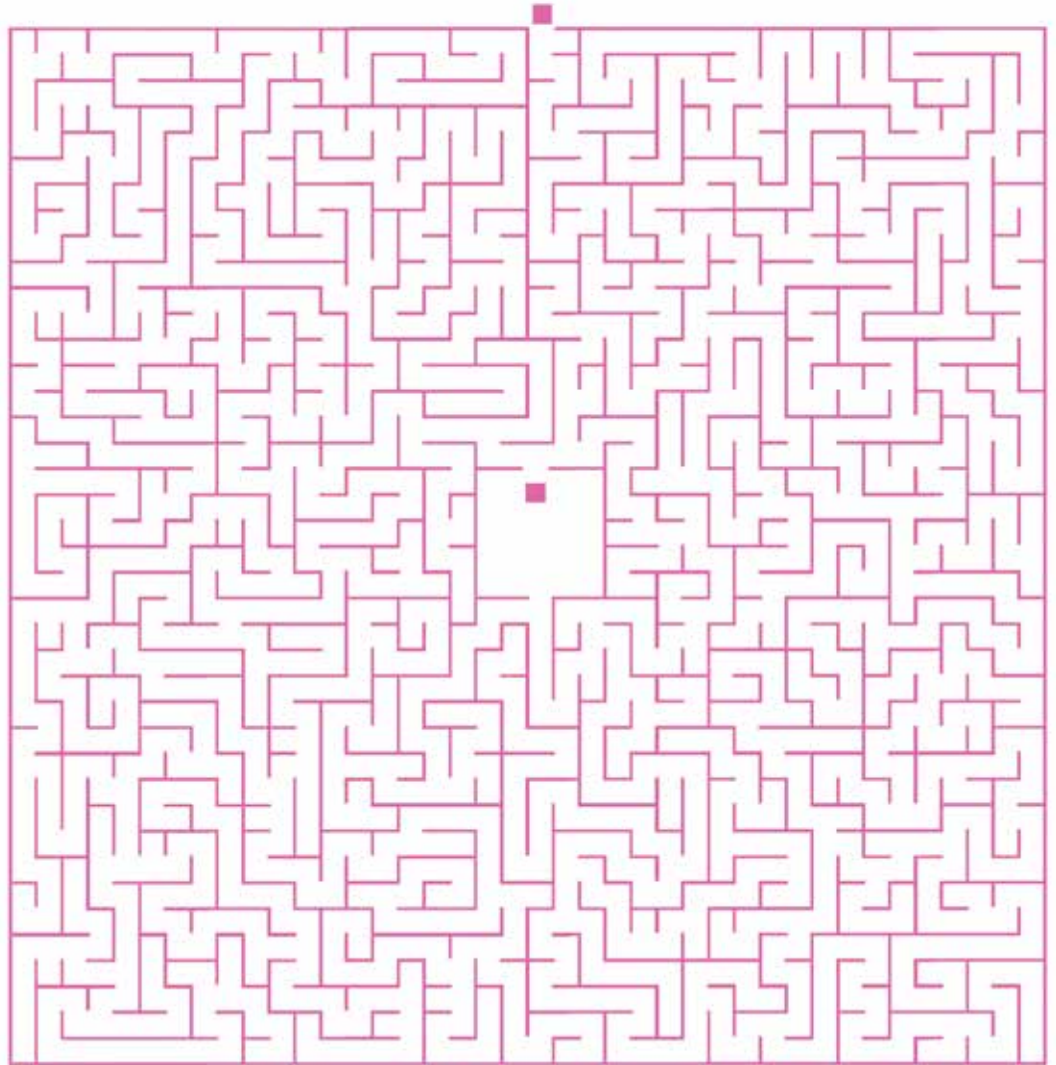
After marrying, Nona and Dolph first lived in San Mateo, Dolph’s hometown. Dolph worked as a stockbroker on Montgomery Street in San Francisco, and Nona worked as a teacher in Mountain View. In 1965 they left the Peninsula for the comforts of the East Bay, settling in Dublin before moving near Danville a few years after that.

The couple had seven children: Marc, Theri, Andy, Nicole, Suzanne, Danielle, and Ginette. “The Big 4 and the Little 3,” she says, explaining that they had four children and then an eight-year gap followed before they had the rest. Nona passed on her artistic inclination to her kids and instilled in all of them the value of creativity. “It’s what you do when you’re a mother,” she says. “They all have artistic talent.” Today some of her children live

*(continued on page 7)*

## MAZE Puzzle

Test your own skills, or compete against someone. The start and finish are indicated with two square blocks. Therefore, you can complete the maze both ways by turning the page, so you can grab two copies and start competing!



### Mark Your Calendar

Sunday, March 12	Daylight Saving Time Begins
Sunday, March 12	95 <sup>th</sup> Academy Awards
Friday, March 17	St. Patrick's Day Special Dinner
Sunday, March 19	Pancake Bingo
Monday, March 20	Spring Begins
Friday, March 31	Cesar Chavez Day

### Don't Forget... Sterling Court is on...



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*Be sure to follow us and tell a friend!*

# Healthy Habits at Every Age

Continuing to exercise as you age is essential for maintaining a high quality of life. Understanding what exercises are safe and effective can be challenging, though, so we've got our three favorite exercises for seniors to maintain strength, balance, and coordination:

## *Sit to Stand*

The ability to sit down and stand up is one of the most important movement patterns to maintain independence as you age. One of the most common reasons seniors lose independence is the inability to safely get on and off the toilet independently! Practice these Sit to Stand (squat) exercises to make sure your legs and core are strong enough to support you.

### **How to do it**

1. Stand in front of a sturdy chair with your feet hips-distance apart and your toes pointing forward or slightly turned out
2. Keeping your gaze forward and your chest lifted, slowly sit your hips down and back until you are completely seated in the chair
3. Drive your weight into your heels as you stand back up, ending in your original position
4. Complete 3 sets of 10 repetitions, with 60-90 seconds of rest between sets

### **Tips**

1. If you need a little extra assistance, try extending your arms straight forward in front of your chest
2. Exhale as you stand! Whenever you exert yourself, pair that move with a strong exhale
3. Try to control your descent down to the chair. It's challenging not to let gravity do the work for you, but this will pay off in your ability to sit and stand on your own

## *Standing Marches (fast and slow)*

This exercise has two different ways to complete it: a fast tempo and a slow tempo. The fast tempo will challenge your muscles and cardiovascular system, while the slower tempo will help your balance and ability to walk with good form.



### **How to do it**

1. Stand next to a chair, wall, or counter that you can use for balance if needed
2. Begin with your feet directly underneath your hips and your arms down by your sides. As you exhale, lift your right leg and bend the right knee until your right thigh is parallel to the ground. (You should be standing on your left leg)
3. Inhale as you place the right leg back down to the ground
4. Repeat by lifting the left leg (standing on your right leg)
5. Complete this exercise at both a slow and a fast tempo (instructions below)

### **Slow**

- Complete this exercise by lifting each leg 10 times (20 leg lifts in total) and see if you can balance for a moment on each lift
- See how many marches you can do without needing to touch your chair, wall, or counter!

### **Fast**

- See how many marches you can do in 1 minute while keeping good form!
- Rest for 1-2 minutes, and repeat for 2 more rounds
- This will work both your balance and your cardiovascular system

*(continued on page 7)*



## Activity Rooms

- BR—Bristol Room
- CY—Court Yard
- DR—Dining Room
- LB—Library
- LR—Living Room
- MV—Mt. Vernon Room
- PDR—Private Dining Room
- RR—Revere Room

- BRC—Burl. Rec. Ctr.
- SMSC—San Mateo Senior Center

## The Weekly

Check *The Weekly* for current updates or changes in schedule.

## The Daily

Check our main board for daily activities, located opposite the Front Desk.

## Scheduled Appointments

Transportation Provided Monday–Thursday

	Sunday	Monday	Tuesday
	<b>5</b>	<b>6</b>	<b>7</b>
	10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Frank Venturelli - Accordion 7:00 Evening Movie - RR 7:00 Games - BR	10:00 Shopping - Safeway & Walgreens 10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Burlingame Library 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR	9:30 Donuts on Wheels 10:00 Fitnessize - RR 11:00 Lecture w/Dick Mckee - RR 11:00–2:00 Covid 19 Test 1:00 Movie - RR 3:00 Eric Shifrin - Piano 7:00 Evening Movie - RR 7:00 Games - BR
	<b>12</b>	<b>13</b>	<b>14</b>
	10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 95 <sup>th</sup> Academy Awards Red Carpet- RR 7:00 Evening Movie - RR 7:00 Games - BR	10:00 Shopping - Safeway & Walgreens 10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Burlingame Library 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR	9:30 Donuts on Wheels 10:00 Fitnessize - RR 11:00 Lecture w/Dick Mckee - RR 11:00–2:00 Covid 19 Test 1:00 Movie - RR 3:00 Michael Rabbino - Piano 7:00 Evening Movie - RR 7:00 Games - BR
	<b>19</b>	<b>20</b>	<b>21</b>
	10:00 Fitnessize - RR 10:45 Fitnessize - RR 11:30 Pancake Bingo - DR 1:00 Movie - RR 1:00 Games - BR 7:00 Evening Movie - RR 7:00 Games - BR	10:00 Shopping - Safeway & Walgreens 10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Burlingame Library 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR	9:30 Donuts on Wheels 10:00 Fitnessize - RR 11:00 Lecture w/Dick Mckee - RR 11:00–2:00 Covid 19 Test 1:00 Movie - RR 3:00 Jeff Wessman - Vocal 7:00 Evening Movie - RR 7:00 Games - BR
	<b>26</b>	<b>27</b>	<b>28</b>
	10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 7:00 Evening Movie - RR 7:00 Games - BR	10:00 Shopping - Safeway & Walgreens 10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Burlingame Library 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR	9:30 Donuts on Wheels 10:00 Fitnessize - RR 11:00 Lecture w/Dick Mckee - RR 11:00–2:00 Covid 19 Test 1:00 Movie - RR 3:00 Randy Johnson - Banjo 7:00 Evening Movie - RR 7:00 Games - BR

# ing Court Calendar of Events

Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Bingo - DR 3:00 Nintendo Wii - RR</p>	<p><b>2</b></p> <p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Arts &amp; Crafts - MV 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>3</b></p> <p>9:30 Donuts on Wheels 10:00 Shopping - Safeway &amp; Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly Roser Fitness - RR 1:00 Games - BR 2:00 Communion w/Father John 3:00 Alex Bootzin- Piano 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>4</b></p> <p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>
<p><b>8</b></p> <p>10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Bingo - DR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>9</b></p> <p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 2:00 Scripture Study w/Martha &amp; Rebecca - BR 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>10</b></p> <p>9:30 Donuts on Wheels 10:00 Shopping - Safeway &amp; Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly Roser Fitness - RR 1:00 Movie - RR 1:00 Games - BR 3:00 The EJ's - Piano &amp; Vocal 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>11</b></p> <p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p> 
<p><b>15</b></p> <p>10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Bingo - DR 3:00 March Birthday Bash 3:00 Book Review w/Cindy 4:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>16</b></p> <p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Shopping - Trader Joe's 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>17</b></p> <p>9:30 Donuts on Wheels 10:00 Shopping - Safeway &amp; Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly Roser Fitness - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Tom Shaw - Piano 4:30 St. Patrick's Day Special Dinner 7:00 Evening Movie - RR 7:00 Games - BR</p> 	<p><b>18</b></p> <p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>
<p><b>22</b></p> <p>10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Bingo - DR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>23</b></p> <p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 2:00 Scripture Study w/Martha &amp; Rebecca - BR 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>24</b></p> <p>9:30 Donuts on Wheels 10:00 Shopping - Safeway &amp; Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly Roser Fitness - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Kathleen Nelson - Piano 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>25</b></p> <p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>
<p><b>29</b></p> <p>10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Bingo - DR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games -BR</p>	<p><b>30</b></p> <p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Shopping - Dollar Tree 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p><b>31</b></p> <p>9:30 Donuts on Wheels 10:00 Shopping - Safeway &amp; Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly Roser Fitness - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Marilyn Cooney - Piano 7:00 Evening Movie - RR 7:00 Games - BR</p>	

## Classes & Lectures

### Lecture Series with Dick McKee

*Dick McKee hosts a series on Tuesdays at 11:00 a.m. in the Revere Room.*

### World Heritage Sites

This course is taught by Professor Justin M. Jacobs, a history professor at American University, who has written many books especially on the history and culture of Asia.

March 7 *Timbuktu, Islam's Center by the Sahara*

March 14 *The Ruins of Pompeii & Herculaneum*

March 21 *Virunga National Park, Gorilla Sanctuary*

March 28 *Angkor Wat, the Great Khmer Temple*

### Scripture Study

Thursdays, March 9 & 23 at 2:00 p.m. with Martha Saul and Rebecca Padulo in the Bristol Room. All are welcome.

### Library Book Review

The third Wednesday of the month, March 15, Cynthia from the Burlingame Library reviews books for us. You can also check books out and keep them until next month. Meet at 3:00 p.m. in the Revere Room.

### Arts and Crafts

Join Lily Huang, a chemist who loves working with seniors and has been making all-natural soaps for over ten years. The soaps are made with natural oils and butters that leaves the skin nice and soft. Her class offers a variety of decorative soaps with different colors and scents that are packaged in gift boxes. You will be able to pick a soap and decorate the gift box with unique paper die cuts. In addition, you can also make a card to give to a loved one on Thursday, March 2 at 2:00 p.m. We will supply all materials along with help for whoever needs it. No experience necessary!

## Wellness Support

### Manicurist/Pedicurist

Cindy Gonzales does fantastic work and is very popular. Call for appointments at 650-834-2878.

### Beauty Shop

Nina Delgadillo hours are 9:00 a.m. to 5:00 p.m. on Tuesday – Friday. Call for an appointment at 650-863-0413. She does new-fashioned and old-fashioned hair styles.

## Program Highlights

### Daylight Saving Time Begins

It begins on Sunday, March 12, set your clocks ahead an hour before you go to bed Saturday night.

### 95<sup>th</sup> Academy Awards

Enjoy the 95<sup>th</sup> Academy Award Walk on the Red Carpet at 3:00 p.m. and The Ceremony at 5:00 p.m. on March 12 in the Revere Room. Don't forget to fill out your ballot for who will win the Oscars for each category. You might be the winner and receive your own Oscar!

### St. Patrick's Day Special Dinner

Chef Denis and his staff will prepare a delicious dinner in celebration of St. Patrick's Day in the Dining Room on Friday, March 17 at 4:30 p.m. "Lá Fhéile Pádraig sona duit!" (it means "Happy St. Patrick's Day to you!")

### Pancake Bingo

Pancake Bingo begins at 11:30 a.m. in the Dining Room. After a breakfast of pancakes and eggs enjoy a lively game of Bingo. The cost for Bingo is \$2.00 and includes a delicious breakfast. Sunday, March 19.

## Fitness & Exercise

### Chair Yoga with Holly Roser Fitness

Holly, John, and their team stress the importance of exercise for all stages of life but especially for seniors as regular exercise can help make you stronger, prevent bone loss, improve balance and coordination, improve your memory, reduce the symptoms of many chronic conditions, and boost your mood. Join the class every Monday and Wednesday at 10:00 a.m. and Friday at 11:00 a.m. in the Revere Room.

### Senior Fitness Video

This video is a completely balanced workout in chairs. The program incorporates Hatha Yoga techniques, gentle weight training, leg and abdominal strengthening, exercises to improve balance, stretching, deep breathing, and relaxation. Join us every day. Please see "The Weekly" for more details.

### Nintendo Wii

Join us to play bowling with Nintendo Wii. Some of the benefits include improving balance, coordination, and strength. Wednesdays and Saturdays at 3:00 p.m. in the Revere Room.

Please sign up for all events in the Activity Book located at the Front Desk

## **Nona Senasac** *(continued from the front page)*

close by in Foster City and San Mateo, while others are as far as Los Angeles, Virginia, and France.

While some of her kids may have moved away, Nona is a Californian through and through. She has explored the state thoroughly and has driven up and down the west coast between British Columbia and Baja California. Previously, Nona and her family would gather in Monterey for Thanksgiving at a lovely hotel. She looks back fondly on the tradition as well as the coastal charm of Monterey. "I miss all the things you can do there," she says.

Nona's husband Dolph passed away last year, only five months after the two moved to Sterling Court. "Life changed," Nona says, "but life goes on." She loves living in this community and remarks that "the people are extremely nice here."

Nona still likes to be creative, whether drawing, crocheting, or something else entirely. Looking around her apartment, she says it's time to make something new. "That's kind of my life," she says. "Doing things that are fun and useful."

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## **Healthy Habits at Every Age** *(continued from page 3)*

### **Tips**

1. Try staring at a focal point on a wall in front of you. Remember to keep your eyes up!
2. Focus all of your attention on the exercise and your breath

### ***Chair Reaches***

The goal of this exercise is to strengthen a group of muscles called your "posterior chain." These muscles run along the back side of your body, and are essential for posture and help you pick things up off of the floor with confidence! Proper form is key here, so consider using a mirror or a friend or loved one to check if you are keeping your back flat during the exercise. It's a challenge, but the rewards are worth it!

### **How to do it**

1. Face a chair and stand about a foot away.
2. Stand with your feet hips-distance apart and your arms by your side. Create a slight bend in your knees by unlocking them, and shift your weight into your heels

3. Imagine like you have a pole through your spine that keeps you from rounding your back.
4. Extend your arms forward towards the chair in front of you. Start to bend at the hips and keep a flat back until you touch the chair. Your hips should go up and back behind you.
5. Squeeze your glute muscles (butt muscles) as you return to a tall, standing position
6. Complete 3 sets of 10 repetitions, with 60-90 seconds of rest between sets

### **Tips**

1. This exercise will be easier if you are facing the back of the chair, and more challenging if you are reaching for the seat of the chair!
2. Inhale as you reach for the chair, exhale as you stand back up
3. If this exercise is easy for you to do, try standing on one leg. Be sure to have something to grab onto if you need help with balance.

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## *Musical Notes*

Enjoy a live musical performance on Tuesdays, Fridays, and Sundays at 3:00 p.m. in the Living Room

### **Friday, March 3**

Alex Bootzin—Piano

### **Sunday, March 5**

Frank Venturelli —Accordion

### **Tuesday, March 7**

Eric Shifrin—Piano

### **Friday, March 10**

The EJ's—Piano & Vocal

### **Tuesday, March 14**

Michael Rabbino—Piano

### **Friday, March 17**

Tom Shaw—Piano

### **Tuesday, March 21**

Jeff Wessman—Vocal

### **Friday, March 24**

Kathleen Nelson—Piano

### **Tuesday, March 28**

Randy Johnson—Banjo

### **Friday, March 31**

Marilyn Cooney—Piano



## The Oscar

The most recognized trophy in the world, the Oscar statuette has stood on the mantels of the greatest film-makers in history since 1929.

Shortly after the formation of the Academy of Motion Picture Arts and Sciences in 1927, the fledgling organization held a dinner in the Crystal Ballroom of the Biltmore Hotel in downtown Los Angeles to set out its goals. Among the topics discussed that night was how best to honor outstanding moviemaking achievements and thereby encourage excellence in all facets of motion picture production. Agreeing to institute an annual award, the group turned its attention to creating a suitably majestic trophy. MGM art director Cedric Gibbons designed a statuette of a knight standing on a reel of film gripping a crusader's sword. The Academy tapped Los Angeles sculptor George Stanley to realize the design in three dimensions – and the world-renowned statuette was born.

### A KNIGHT CALLED OSCAR

Since the initial awards banquet on



May 16, 1929, in the Hollywood Roosevelt Hotel's Blossom Room, more than 3,000 statuettes have been presented. Each January, additional new golden statuettes are cast by Polich Tallix fine art foundry in New York's Hudson Valley. Oscar stands 13½ inches tall and weighs in at a robust 8½ pounds. The film reel features five spokes, signifying the five original branches of the Academy: actors, directors, producers, technicians, and writers. Although the statuette remains true to its original design, the size of the base varied until 1945, when the current standard was adopted. Officially named the Academy Award of Merit, the statuette is better known by its nickname, Oscar. While the origins of the moniker aren't clear, a popular story has it that upon seeing the trophy for the first time, Academy librarian (and eventual executive director) Margaret Herrick remarked that it resembled her Uncle Oscar. The Academy didn't adopt the nickname officially until 1939, but it was widely known enough by 1934 that Hollywood columnist Sidney Skolsky used it in a piece referring to Katharine Hepburn's first Best Actress win.

### THE STUFF THAT DREAMS ARE MADE OF

The statuettes are solid bronze and plated in 24-karat gold. Due to a metal shortage during World War II, Oscars were made of painted plaster for three years. Following the war, the Academy invited recipients to redeem the plaster figures for gold-plated metal ones. Achievements in up to 23 regular categories will be honored on March 12, 2023, at the 95<sup>th</sup> Academy

### *March Birthdays*

The March Birthday Bash will be on Wednesday, March 15.

March 1	Judy Belding
March 7	Bob Bullard
March 11	Raye Ann Schum
March 12	Kaye O'Halloran
March 15	Kris Kirk
March 15	Norma Vite
March 23	Jeannine Ryan
March 24	Sherri Olsen
March 26	Nona Senasac

### *Welcome*

Please give a warm welcome and introduce yourself to our new residents:

- #127 Virgil & Irene Casaccia
- #148 Wade Adams
- #219 Mary Pioreschi

Awards presentation at the Dolby Theatre at Hollywood & Highland Center. However, the Academy won't know how many statuettes it will hand out until the envelopes are opened on Oscar Night. Although the number of categories are known in advance, the possibility of ties and of multiple recipients sharing the prize in some categories makes it impossible to predict the exact number of statuettes to be awarded. As in previous years, any surplus awards will be housed in the Academy's vault until next year's event. More than 80 years after that auspicious gathering in Hollywood, Oscar's success as a symbol of filmmaking achievement would probably amaze those who attended the dinner, as it would its designer, Cedric Gibbons.