

Nina Delgadillo

Nina Delgadillo, Sterling Court's hairdresser extraordinaire, has operated her shop here for 9 years, but she's spent a lifetime in the world of beauty.

Her story starts in Central America. Nina was born in Managua, Nicaragua, and when she was a child, her family moved to San José, Costa Rica, where Nina grew up. Her parents eventually sent her to Los Angeles to attend Immaculate Heart High School. She explains that "parents in Central America did that – sent their children abroad" if they could afford it.

Nina's education at Immaculate Heart meant living with nuns in a convent alongside many other foreign students. The nuns were very strict, and Nina didn't exactly enjoy it at first. "We did have dances where they invited boys, but the nuns were always watching," she says with a laugh.

During high school, Nina began to think about her choices for a career. Her father had told her, "Study something where you can be your own boss." She had an interest in hair and beauty, and followed it to Miami, where she enrolled in La France beauty school. She enjoyed the city and the program, which lasted two years.

Nina crisscrossed the United States, learning her craft from the masters at some of the country's most prestigious beauty schools. After school in Miami, she attended Vidal Sassoon in Los Angeles and studied with Mark Traynor in New York.

Nina worked for a time as a hair model at trade shows, showing off the assorted hues of hair dye offered by Rayette – "I was the green hair girl!" she boasts.

She returned to Managua where she opened her own hair salon. She ran the shop for 4 years and was very successful, but after the Contra War broke out, Nina moved back to the United States, this time with her family. She started a salon on B Street in San Mateo and worked there for 20 years



Nina Delgadillo

before coming to Sterling Court.

Nina has 2 daughters and 3 grandchildren. Her youngest daughter lives in Palos Verdes, near Los Angeles, while her eldest lives close by in Redwood Shores. They get together as a family every Sunday and enjoy quality time together.

Nina loves working at Sterling Court because the people are so friendly. Hairdressing is a social job, after all! "We're their confidants," she says. "It's nice for them to have someone to talk to – and nice for me."

Nina describes the atmosphere of her shop at Sterling Court as "very classic." The salon received its own makeover last year including all new lighting and fresh paint. "The lighting is really important," Nina adds.

Nina's success in many cities across the continent is clearly a result of her caring personality. She sums it up best: "I thoroughly enjoy all my years with the wonderful people I've met – because I have met wonderful people. That's the experience of being a hairdresser."

Lifestyle



Enjoying
ICECREAM
TRIP TO
BASKIN-ROBBINS



Mark Your Calendar

Monday, September 4	Labor Day BBQ
Monday, September 4	Dynamic Dixieland Duo
Sunday, September 10	Grandparents' Day
Monday, September 11	Patriot Day
Friday, September 15	Rosh Hashanah Special Dinner
Sunday, September 17	Pancake Bingo
Friday, September 22	First Day of Autumn
Friday, September 22	Sterling Court Anniversary Dinner
Sunday, September 24	Yom Kippur Special Dinner

Don't Forget...
Sterling Court is on...



Facebook
@SterlingCourt



Instagram
@Sterling_Court

Be sure to follow us and tell a friend!

Welcome to the Club!

Maintaining social contact is important for everyone, but as we age, we become more likely to be socially isolated. Regular social interaction with friends, family, acquaintances, and just about anybody else has been shown to have great benefits for our physical and mental health. Clubs are a lovely way to socialize while exploring your interests. The regularity of club meetings ensures that you'll keep up your pursuits and lets club members form deeper bonds.

Walking Club

What better way to get some exercise and strengthen your friendships than group walking? Assemble some willing participants (even one other person will do) and make a plan to take a walk.

Film Appreciation Club

We all have our favorite movies, and sharing them with others can be a real blast. Meet once a month and take turns picking the film. You can discuss what you liked (and didn't like) afterwards, but please, no talking during the movie.

Cooking Club

Are you a foodie? A gourmand? A lover of all things delicious and nutritious? Share that interest with others through a cooking club. Members can take turns exchanging recipes and food that they've prepared. You can learn something new about a person's heritage and life experiences from the recipes they share.

Book Club

Literature becomes that much more enriching when we have someone to share it with. A book club is a great way to keep a social schedule while finally getting around to some of those titles we've been meaning to read for a long time.

Club Tips

Be realistic. With all the excitement of starting a new group, it may be tempting to set an ambitious schedule of



meeting multiple times a week for long periods of time. But you're more likely to find long-lasting success with a more manageable pace. Try just meeting once a week or once every two weeks for a manageable amount of time to start. If you find that you can keep that schedule but still want more time together as the weeks go by, plan to meet for a longer session then.

Be inclusive. Don't let your club become a clique. If you know someone who would benefit from taking part in the fun, knock on their door or give them a call! It's that simple.

Odd Clubs

There are plenty of odd clubs out in the world, here are just a few:

Tall Clubs International – This worldwide organization invites any woman who is 5'10" or taller and any man who is 6'2" or taller to join their ranks!

American Mustache Institute – Calling facial hair enthusiasts! This club is dedicated to all things mustache.

Cloud Appreciation Society – This group believes in taking a nice long look at the sky every once in a while. Can you blame them?

No matter what club you choose to take part in, the point is to have fun while connecting with others. Happy clubbing!



Activity Rooms

BR—Bristol Room
 CY—Court Yard
 DR—Dining Room
 LB—Library
 LR—Living Room
 MV—Mt. Vernon Room
 PDR—Private Dining Room
 RR—Revere Room

BRC—Burl. Rec. Ctr.
 SMSC—San Mateo
 Senior Center

The Weekly

Check *The Weekly* for current updates or changes in schedule.

The Daily

Check our main board for daily activities, located opposite the Front Desk.

Scheduled Appointments

Transportation Provided
 Monday—Thursday

	Sunday	Monday	Tuesday
	3	Labor Day Holiday 4	5
	10:00 Drive to Church 10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 7:00 Evening Movie - RR 7:00 Games - BR	10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 11:30 Dynamic Dixieland Duo 12:00 Labor Day BBQ 1:00 Movie - RR 1:00 Games - BR 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR	9:30 Donuts on Wheels 10:00 Fitnessize - RR 11:00 Lecture w/Dick McKee - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Shopping - Trader Joe's 3:00 Eric Shiffrin - Piano 7:00 Evening Movie - RR 7:00 Games - BR
	10	11	12
	10:00 Drive to Church 10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 7:00 Evening Movie - RR 7:00 Games - BR	10:00 Shopping - Safeway & Walgreens 10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Burlingame Library 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR	9:30 Donuts on Wheels 10:00 Fitnessize - RR 11:00 Lecture w/Dick McKee - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Michael Rabbino - Piano 7:00 Evening Movie - RR 7:00 Games - BR
	17	18	19
	10:00 Drive to Church 10:00 Fitnessize - RR 10:45 Fitnessize - RR 11:30 Pancake Bingo - DR 1:00 Movie - RR 1:00 Games - BR 7:00 Evening Movie - RR 7:00 Games - BR	10:00 Shopping - Safeway & Walgreens 10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Burlingame Library 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR	9:30 Donuts on Wheels 10:00 Fitnessize - RR 11:00 Lecture w/Dick McKee - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Shopping - Dollar Tree 3:00 Jeff Wessman - Vocal 7:00 Evening Movie - RR 7:00 Games - BR
	24	25	26
	10:00 Drive to Church 10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 4:30 Yom Kippur Special Dinner - DR 7:00 Evening Movie - RR 7:00 Games - BR	10:00 Shopping - Safeway & Walgreens 10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Burlingame Library 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR	9:30 Donuts on Wheels 10:00 Fitnessize - RR 11:00 Lecture w/Dick McKee - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Randy Johnson - Banjo 7:00 Evening Movie - RR 7:00 Games - BR

ing Court Calendar of Events

Wednesday	Thursday	Friday	Saturday
		<p>9:30 Donuts on Wheels 10:00 Shopping - Safeway & Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly Roser Fitness - RR 1:00 Games - BR 2:00 Communion w/Father John 3:00 Alex Bootzin - Piano 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>
<p>9:30 Chat w/Chef Denis 10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Bingo - DR 3:00 Nintendo Wii - RR</p>	<p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 2:00 Scripture Study w/Martha, Rebecca & George - BR 2:00 Arts & Crafts w/Mary - MV 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>9:30 Donuts on Wheels 10:00 Shopping - Safeway & Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly Roser Fitness - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Joan Connolly - Piano 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>
<p>10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Bingo - DR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>10:00 Shopping - Hillside Mall 10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>9:30 Donuts on Wheels 10:00 Shopping - Safeway & Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly Roser Fitness - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Tom Shaw - Piano 4:30 Rosh Hashanah Special Dinner 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>
<p>10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Bingo - DR 3:00 September Birthday Bash 3:00 Book Review w/Cindy - RR 4:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Games - BR 2:00 Scripture Study w/Martha, Rebecca & George - BR 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>9:30 Donuts on Wheels 10:00 Shopping - Safeway & Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly R. Fitness - RR 1:00 Movie - RR / Games - BR 3:00 Kathleen Nelson - Piano 3:00 Sterling Court Anniversary Reception - CY 4:30 Sterling Court Anniversary Dinner - DR 7:00 Evening Movie - RR / Games - BR</p>	<p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>
<p>10:00 Chair Yoga w/Holly Roser Fitness - RR 11:00 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 2:00 Bingo - DR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Hallway Happy Hour 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>9:30 Donuts on Wheels 10:00 Shopping - Safeway & Walgreens 10:00 Fitnessize - RR 11:00 Chair Yoga w/Holly Roser Fitness - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Joan Connolly - Piano 7:00 Evening Movie - RR 7:00 Games - BR</p>	<p>10:00 Fitnessize - RR 10:45 Fitnessize - RR 1:00 Movie - RR 1:00 Games - BR 3:00 Nintendo Wii - RR 7:00 Evening Movie - RR 7:00 Games - BR</p>

Classes & Lectures

Lecture Series with Dick McKee

Dick McKee hosts a series on Tuesdays at 11:00 a.m. in the Revere Room.

The Wonders of America's State Parks

This course is taught by Joe Yogerst, a journalist and travel writer with many projects for National Geographic.

September 5 *Adventures in the Ozarks & Ouachitas*

September 12 *State Parks along the Mighty Mississippi*

September 19 *Presidential Parks in the Land of Lincoln*

September 26 *The Great Lakes: Back from the Brink*

Scripture Study

Thursdays, September 7 and 21 at 2:00 p.m. with Martha Saul, Rebecca Padulo, and George Pappas in the Bristol Room. All are welcome.

Library Book Review

The third Wednesday of the month, September 20, Cynthia from the Burlingame Library reviews books for us. You can also check books out and keep them until next month. Meet at 3:00 p.m. in the Revere Room.

Arts and Crafts

Please come and join us in the Mount Vernon Room on Thursday, September 7 at 2:00 p.m. for a fun afternoon with Mary. Our theme for this month will be announced with more details, we will supply all materials along with help for whoever needs it. No experience needed!

Wellness Support

Manicurist/Pedicurist

Cindy Gonzales does fantastic work and is very popular. Call for appointments at 650-834-2878.

Beauty Shop

Call Nina Delgadillo, our hairdresser for an appointment at 650-863-0413. She does new-fashioned and old-fashioned hair styles.

Bus Trips

Drive to Church

Dmitry will take you to St. Catherine of Siena Church and Burlingame Presbyterian Church for the 10:30 a.m. mass on Sundays, at 10:00 a.m.

Fitness & Exercise

Chair Yoga with Holly Roser Fitness

Holly, John, and their team stress the importance of exercise for all stages of life but especially for seniors as regular exercise can help make you stronger, prevent bone loss, improve balance and coordination, improve your memory, reduce the symptoms of many chronic conditions, and boost your mood. Join the class every Monday and Wednesday at 10:00 a.m. and Friday at 11:00 a.m. in the Revere Room.

Senior Fitness Video

This video is a completely balanced workout in chairs. The program incorporates Hatha Yoga techniques, gentle weight training, leg and abdominal strengthening, exercises to improve balance, stretching, deep breathing, and relaxation. Join us every day, please see "The Weekly" for more details.

Nintendo Wii

Join us to play bowling with Nintendo Wii. Some of the benefits include improving balance, coordination, and strength. Wednesdays and Saturdays at 3:00 p.m. in the Revere Room.

Program Highlights

Labor Day BBQ

We will have the last barbecue of the year to celebrate the Labor Day holiday. Chef Denis and his staff has prepared a wonderful feast consisting of BBQ chicken, ribs, hamburgers, hot dogs, salads, fruit dessert, and all the trimmings. Monday, September 4.

Rosh Hashanah Special Dinner

Join us in the Dining Room for a Special Rosh Hashanah Dinner at 4:30 p.m. on Friday, September 15, "Shana Tovah" (Happy New Year).

Pancake Bingo

Pancake Bingo begins at 11:30 a.m. in the Dining Room. After a breakfast of pancakes and eggs enjoy a lively game of Bingo. The cost for Bingo is \$2.00 and includes a delicious breakfast. Sunday, September 17.

Sterling Court's 33rd Anniversary Dinner

Help us celebrate Sterling Court's Anniversary. Chef Denis has prepared a delicious feast for the event Friday, September 22, seating starts at 4:30 p.m.

Please sign up for all events in the Activity Book located at the Front Desk



Time Capsule – September 1973

Let's take a look at what was happening 50 years ago this month:

Sept. 8 – Tennis star Margaret Court achieves her fifth U.S. Open victory.

Sept. 11 – A coup in Chile led by General Augusto Pinochet deposes the democratically elected president Salvador Allende, ending civilian rule in the country.

Sept. 20 – The Concorde supersonic jet makes its first arrival in the United States, landing in Dallas.

Sept. 22 – Henry Kissinger becomes Secretary of State

during the Nixon administration. He is the first Jewish person and first person not born in the United States to hold the position.

These **5 classic (and less-than-classic) tunes** topped the charts in the United States during **September 1973**:

“Brother Louie” by Stories

“Let’s Get It On” by Marvin Gaye

“Delta Dawn” by Helen Reddy

“We’re an American Band” by Grand Funk Railroad

“Say, Has Anybody Seen My Sweet Gypsy Rose” by Dawn

Kung Fu movies were all the rage in September ’73. The films “Enter the Dragon,” “Lady Kung Fu,” and “The Shanghai Killers” were all #1 at the box office this month.

Bird Word Search Puzzle

Find and circle each of the words from the list below. Words may appear forward or backwards, horizontally, vertically or diagonally in the grid.

- ALBATROSS
- BALD EAGLE
- BLUE JAY
- CARDINAL
- CROW
- DOVE
- FLAMINGO
- HERON
- HUMMINGBIRD
- IBIS
- KINGFISHER
- ORIOLE
- OSPREY
- PELICAN
- RAVEN
- ROADRUNNER
- ROBIN
- SPARROW
- SWALLOW
- TOUCAN

Z	E	L	G	A	E	D	L	A	B	M	E	H	T	X	B	A	M
U	P	P	D	C	D	Y	E	R	R	F	O	T	E	I	Q	E	F
P	W	B	A	T	A	F	U	E	T	N	S	H	I	R	F	S	L
P	R	A	T	J	K	S	N	S	U	U	M	U	A	M	O	E	A
T	A	B	E	Q	E	N	L	E	E	R	Y	M	I	D	W	N	M
R	H	U	A	A	U	A	E	Y	P	P	M	M	Y	S	O	E	I
M	L	F	N	R	N	O	U	C	W	B	S	I	H	S	E	K	N
B	I	C	D	I	O	R	W	O	R	C	W	N	L	O	C	I	G
O	G	A	D	I	B	I	S	D	U	O	A	G	R	R	F	N	O
E	O	R	Y	V	O	O	D	A	T	Y	L	B	M	T	E	G	I
R	A	F	Z	K	O	L	P	T	P	E	L	I	C	A	N	F	E
C	B	B	H	U	S	E	R	R	O	F	O	R	I	B	E	I	O
W	O	R	R	A	P	S	A	Y	O	U	W	D	Q	L	V	S	Z
J	U	A	S	E	R	O	V	E	I	B	C	N	E	A	O	H	U
A	I	M	E	H	E	O	E	T	D	H	I	A	P	B	D	E	J
R	T	H	L	S	Y	A	N	I	F	K	P	N	N	Y	S	R	Q

Need help? You will find an answer key at the front desk



Musical Notes

Enjoy a live musical performance on Monday, Tuesdays, and Fridays at 3:00 p.m. in the Living Room

Friday, September 1

Alex Bootzin—Piano

Monday, September 4

Dynamic Dixieland Duo

Tuesday, September 5

Eric Shifrin—Piano

Friday, September 8

Joan Connolly—Piano

Tuesday, September 12

Michael Rabbino—Piano

Friday, September 15

Tom Shaw—Piano

Tuesday, September 19

Jeff Wessman—Vocal

Friday, September 22

Kathleen Nelson—Piano

Tuesday, September 26

Randy Johnson—Banjo

Friday, September 29

Joan Connolly—Piano

GRANDPARENTS' DAY

National Grandparents' Day was founded by Marion McQuade from West Virginia. Her efforts started in 1970, and the goal for the day was to encourage grandchildren to learn wisdom and about their heritage from their grandparents. It was first observed in West Virginia in 1973.

McQuade advocated for older adults on state and national levels as vice-chair of the West Virginia

Committee on Aging, a delegate to the White House Conference on Aging, as well as being appointed to the National Nursing Home Licensing Board. Because of her efforts, President Richard Nixon proclaimed a National Shut-in Visitation Day in 1972 that is observed annually on February 11.

In 1979, President Jimmy Carter proclaimed the first Sunday after Labor Day of each year to be National Grandparents' Day. September was chosen to signify the autumn years of people's lives. McQuade wanted this day to be celebrated with multi-generations. Her goal was three-fold:

- To honor grandparents
- To give grandparents an opportunity to show love for their children's children



September Birthdays

September Birthday Bash will be on Wednesday, September 20

September 4 Marcia Leonhardt

September 5 Ann Junge

September 6 Bambi Satter

September 9 Kenneth Biggs

September 12 Ted Everett

September 13 Peggy Burriss

September 13 Harry Agoff

September 14 Arlene Murphy

September 15 Amy Bruce

September 15 Laure Zabek

September 19 Dee Mellander

September 23 Beverly Phillips

September 26 Peggy Maradudin

Welcome

Please give a warm welcome and introduce yourself to our new residents:

#305 Francie & Marc Pasquini

#416 Edward Battistini

Anniversary

Happy 69th Wedding Anniversary to Alex & Peggy Maradudin on September 16.

- To help children become aware of the strength, information, and guidance older people can offer
- Grandparents' Day is celebrated in many countries. In Canada, Grandparents' Day was officially recognized in 1995 on the second Sunday in September. Queensland, Australia began observing Grandparents' Day in 2010 on the second Sunday in November. New South Wales, Australia observes Grandparents' Day on the last Sunday in October.

The forget-me-not is the official flower for National Grandparents' Day. Since this is a spring-blooming plant, seasonal flowers are given.

PUZZLE ANSWER SHEET

Bird Word Search Puzzle

ALBATROSS
BALD EAGLE
BLUE JAY
CARDINAL
CROW
DOVE
FLAMINGO
HERON
HUMMINGBIRD
IBIS
KINGFISHER
ORIOLE
OSPREY
PELICAN
RAVEN
ROADRUNNER
ROBIN
SPARROW
SWALLOW
TOUCAN

Z	E	L	G	A	E	D	L	A	B	M	E	H	T	X	B	A	M
U	P	P	D	C	D	Y	E	R	R	F	O	T	E	I	Q	E	F
P	W	B	A	T	A	F	U	E	T	N	S	H	I	R	F	S	L
P	R	A	T	J	K	S	N	S	U	U	M	U	A	M	O	E	A
T	A	B	E	Q	E	N	L	E	E	R	Y	M	I	D	W	N	M
R	H	U	A	A	U	A	E	Y	P	P	M	M	Y	S	O	E	I
M	L	F	N	R	N	O	U	C	W	B	S	I	H	S	E	K	N
B	I	C	D	I	O	R	W	O	R	C	W	N	L	O	C	I	G
O	G	A	D	I	B	I	S	D	U	O	A	G	R	R	F	N	O
E	O	R	Y	V	O	O	D	A	T	Y	L	B	M	T	E	G	I
R	A	F	Z	K	O	L	P	T	P	E	L	I	C	A	N	F	E
C	B	B	H	U	S	E	R	R	O	F	O	R	I	B	E	I	O
W	O	R	R	A	P	S	A	Y	O	U	W	D	Q	L	V	S	Z
J	U	A	S	E	R	O	V	E	I	B	C	N	E	A	O	H	U
A	I	M	E	H	E	O	E	T	D	H	I	A	P	B	D	E	J
R	T	H	L	S	Y	A	N	I	F	K	P	N	N	Y	S	R	Q